



rhl js fo"o; ꞗA

ml ?kj eaHk; ðj Hkðla Fkka cjrur Nr l sckgj mM jgsFkA j l kbZ ds?kMsvkokt dj jgsFkA

i Mka h 0; fDr bl fLFkfr dk vkum ysjgsFk\$ gW gW dj n[krk jgrsFkA

vñj nks fgtMs efgyk, Wcky i dMdj ^re vk/kk vksj eð vk/kk* ckydj nksuka, d nñ jsdksi dMdj yed jgsFkA

^ej\$xtgd dksre ydj pysx; \$ re vPNsjgkxsD; k**

^D; k eðsm l scy;k; k Fkk\] ej\$ l kñ; Zvksj Nkrh i j eð/k gkdj ogh ej\$ i hNsi M+x; kA**

^Nkrh dsckjseackraer djkj ejh Nkrh rfigkjh Nkrh I scMh g\$
ekyæ gSD; k**

^vj\$ ejh rks vi us vki c<+xbZ vk\$ rfigkjh rks nokb; ka I s c<+
xbA**

^vjs/kks[kckth**

^vjsNkdj\$*

b/kj fg tMk efgyk ehuk dh vkokt vf/kd Fkh] og Nks/h gksus i j Hkh
yMkbZeade ughagA

vkQhdh ohjkadh yMkbZl sjkd gksukyh bl yMkbZdksmI fgLI s
dsyks ns[k jgsFkA i j mudh i rh{kk cjckn gksxbA

1- D; k bu fg tMsefgykvkadh yMkbZBhd g\$

2-D; k vki dHkh Hkh yMkbZyMh g\$

3-; fn ge yMkbZdjæsrksnI jsyks gekjsckjsead; k I kpa\$



Qk\$u i nfeuh b/kj vk xb& mez33A mu fgtMsefgykvkadschp
 eai <h gpZyMkbZdsdkj .k] dN u dN rkstkurh FkA

I Hkh n[kuokysl si nNk ^b/kj D; k gksjgk g\$**

^vunj er tkvk\$ nksfgtMsefgyk, WegkHkkjr ; nA dj jgsgA; fn
 r# vunj tkrh rksr#shkh ekj MkyA**

i nfeuh I e> xbA ehuk gh cdkj I syMkbZ"q dj rh gksxh] dkw
 ml dstky eaQW x, \

tYnh I svnj ?kj rsg h ml dksgr vk"p; ZgykA

- 1- brusft?kjh gksuokysyMkbZdj I drsg&D; k\
- 2- vki dschp eal ?k'kz; k t yu gSD; k\
- 3- vki yMkbZdjrsI e; ykx ns[krsjgrsg&D; k\



ehuk vkj I qkk nksuka, d nlt jsl; kj i jkl dj [kkuk f[kyk jgh FkhA
 vks>y gkdj f[kMdh I snj[kusokysyksk&dkscgr vk"p; ZgqkA

; g D; k gS uoyk vks I kll dh rjg yMkbZdjuoky ; snksuka vHkh
xk; vks cNMk dh rjg I; kj dj jgh gA

^vjsehuk nksukaHk; dj : i eayMkbZdh D; k** i nfeuh usi nNKA

^yMkbZ ge nksuka ge rksI; kj I s [kkuk [kk jgh gSx#ckbZ*&ehuk
>B cksyhA

ehuk ep>sekye gSfd rē gh yMkbZ"kp dh gkschA

gkll#ckbZvki ges'kk ep ij xyrh MkyachA

ughaehuk rē I dkkjus dsfy, gh crkrh gll rē fgtMsefgykvka
dsl kFk , drk I sjgarksdbZI k/kuk dj I drh gkAgeabZ; kZ tyu]
I ak'kZvkn dksde djuk pkfg, A

vkt I sge , drk I sjgksx#ckbZ

^geaHkh mlufr gksuk pkfg,] gekjsfgtMsefgykvka dksHkh mlufr
djokuk pkfg,] rHkh gekjsvknj vks e; kzhk c<ks* & , d sgdgj
ehuk usckgj ns[kkA

- 1- D; k vki dHkh ruko eai Msgks\
- 2- vki dh vks fgtMsefgykvkadsI ekt dh mlufr dsfy, vki us
D; k fd; k gS\
- 3- vki yMkbZdjuk pkgrsgā; k vkxsc<usea/; ku nsk pkgrsgā

dbzvklkarksbudh yMkbZdkns[kusdsfy, i rh{kk dj jgsFkA

^pys tkvks l c ykx b/kj D; k rek"kk ns[kusdsfy, vk; sgksD; k
**&i nfeuh fpYykbA

vxys{k.k gh HkhM xk; c gksx, A



bl dh t: jr gSD; k\

ehuk dh vkkkkaea vkk wcg jgh Fkh i jkuh vfhkus=h oghnk jgeku
 dh rjg jksjgh FkhA ml xyh dsckdh fg tMsefgykvka dks dQ
 I ekt eaugh vk jgk Fkk A

^Vjsehuk D; ka jksjgh g\$ fo'k; crkdj fQj jksvks**&cih Hkkuefr
 MkkhA og ehuk dh ukh gA

^ukuh ml nptkunkj usejsxky ij ekjk**A

I Hkh ykx pkl x, A l cds eu ea vlx ty jgk Fkk fd ml
nplkunkj dksekjusdsfy, tkusgh okysFksA i j r l

1- Nplkunkj ehuk dksfdl dsfy, ekjk gksxk\

2- vki eal sdkbz, d vi eku fd; k x; k D; k\

3- vki ds fe= vi eku gkdj vk x, rks igys gea D; k djuk
pkfg, A

i j r q > V l si n feuh vk xb A

^ n e l c dg k w t k j g s g *

^ e j h i k r h d k s m l n o p k u n k j u s e k j k g a b l f y , m l d h n o p k u n k j d k s e k j u s t k j g s g A & f o l k y k { k h c k s y h A

^ d i j k d j d s F k k a / k : f d , A e h u k d s c k j s e a e p s u g h a e k y e g S D ; k \ o g v u k o " ; d v k i l c d k s d n u d n r k s c r k b z g k s h A

D ; k a x e # c k b j v k i g e s k k e p i j g h x y r h f u d k y r h g s & e h u k N k s / h c P p h d h r j g c k r d j r h g A

B h d g s o g D ; k a r e p s e k j k \ i n f e u h u s e h u k d h v k l k k a d k s n s [k d j i n k A

e u s n o p k u n k j l s H k h [k e k a h] o g f l Q z 1 0 # i , n s f n ,] i j e u s 5 0 # i , e k k k j ; g x y r h g S D ; k \

f Q j D ; k g y k \

e u s m l d s # i , s d k s m l d s e d [k i j g h Q a d f n ; k v k s x k f y ; k l l h s n h A

D ; k b l d s f y , g h m l u s r e p s e k j k \

u g h f Q j e u s v i u h l k M h d k s m B k d j f n [k k b j b l f y , m l u s e p s e k j k A e j s x k y i j n s [k ,] m l d h i k p m k k f y ; k a d s d s f u " k k u i M x , & d g d j o g j k u s y x h A

- 1- vki D; k l kprsgsfid Hkh [k ekkkuk vki dk vf/kdkj gS\
- 2- fd l usxyrh dh & ehuk ; k nplkunkj \
- 3- l p eæehuk dksD; k djuk Fkk\

3

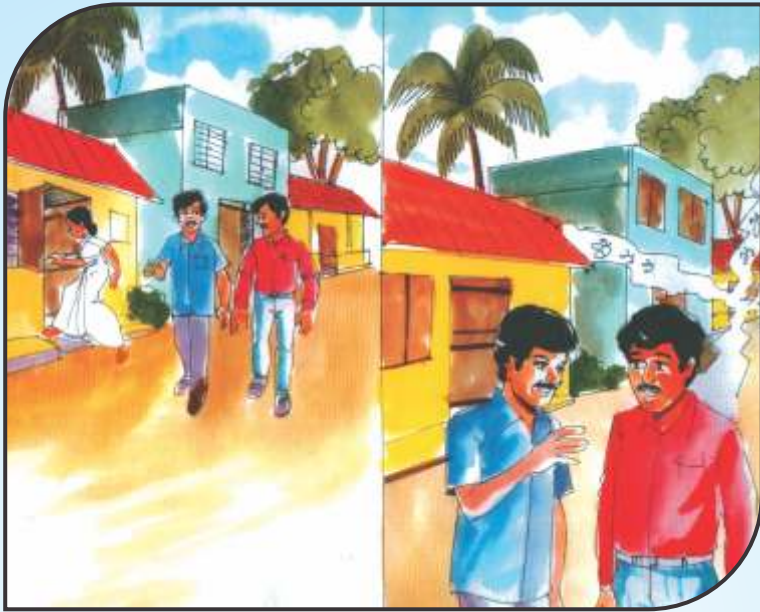
^xyrh gsehuk] npeustksfd; k og xyrh gA Hkxoku usgkFk] iS ns
 fn, A vkWk vks] dku rksvPNsgA blgaj [kdj vPNs0; ki kj l h[k
 l drh gA dkbZ dke rksdj l drh gA rfigaD; kanW jka ds l keus
 vkxsc<kuk gA ge vi usi S kai j [kMsgkdj l k/kuk djæA

^D; k x#ckb] ge tS sfgtMsefgyk, Wvi usi S kai j [kMsgks l drs
 gA

^gkW 0; ki kj] l kn; Zdyk] Hkktu dyk] ukV; dyk] dh; Wj vkfn
 l Hkh foHkkxkaea vkxsc<dj vk jgsgA ge Hkh bl l ekt dk , d
 mnkj .k cu tk, WkA gekjsthou Lrj dksvkxsc<k, Wk& i nfeuh us
 l e>k; kA

- 1- vki dkbZLor%0; ol k; tkursgSD; k\
- 2- vHkh vki D; k /kalk dj jgsgA
- 3- bl dgkuh l svki D; k uhfr l e>rsgA

i nfeuh dh ckr l sl Hkh yks l kp eai M x, A "kkfr l spysx, A
 ehuk dseu ea vkRefo"okl c<x; kA



vks gks

jkr 7-45 dks I kD duknu xyh ds I Hkh ?kj ka dsfdokM vks f [kMdh
 cn gksx, A ml h jkLrsi j i nfeuh dksd I Hkh ugh I e>rkA

D; ka I Hkh ykx cn dj jgsg "kk; n ePNj dsdkj .k gksx\

ugharksdkbzdyuk; d tsy I svk jgk g\$

jkr eadke djdsoki I vk jgsFksi fDdjh nknkA

^nknk] D; kaI Hkh ?kj can gksx, g\$**

^vkB ctsrd b`rtkj djdsn[kk\$* ckydj nknk vi usjklrs ij
pysx, A

1- I kDduknu xyh dk D; k jgL; g\$

2- i nfeuh b/kj D; kavkbZFkh\

3- D; k vki usvi uh thou , d h ?kVuk dksn\$[kk g\$



2

i nfeuh dh ?kMh ea8-00 ct sgksx; kj ml dk eu rMi jgk Fkka

>V I s17okk?kj I s, d vkokt+vkba

^ek?cki] vj} cpkvs** , d sdbzvkokt ka ehuk fpYkusyxhA

dku QkMusrd vkokt+vk xbj bl fy, i nfeuh vnj ?kd xba

^; g D; k gSehuk] D; ka, d sfpYyk jgh gks**

^vkb, x#ckb] eϕ I sdN Hkh [kk ughal drh] eϕ ea i jk ?kko g\$
nnzvf/kd gksjgk g*ehuk fpYyk jgh FkhA

^; sl c rīgkj h xyrh gh g\$ rīgkjseϕ dMnku dh rjg gA

^; g D; k ejh xyrh gSD; k**

^gk]V i ku] dMdk [kk jgh gk\$ VhVh i h jgh gk\$ dkMe dsfcuk eϕ ea
dj.V i kl dj jgh gk]bl fy, gh, d sgksjgk gA**

1-ehuk dseϕ i j D; k ?kko vk x, \

2-ehuk dk dke xyrh g\$; k i nfeuh dh ckr xyrh g\$

3-vki vi useϕ dksd\$ sj [krsgk\$

3

^vki ge\$kk ejsi j xyrh Mky jgsg\$ vHkh e\$D; k d: M**

^u"kk dsi ku] "k]kc] i ku i jkx &budsdkj.k gh eϕ i j dkU j vk
jgk gA fQj dj]v i kl djrs l e; xkgd l sdkMe bLreky djus
dksdg nkA**

^Bhd gSx#ckb?*

^rϕ vi useϕ dksdpM er cuk nk\$ I kQ j [kk\$ D; kfd dkMe ds
fcuk dke dj]xh rkeϕ14 ds }k]k ; k\$u jkx], p-, soh- ; k, ; M†
QSyuk dk I lko gA jkst ugkuk pkfg, vk\$ di Mkavk\$?kj dksl kQ
j [kuk pkfg, A

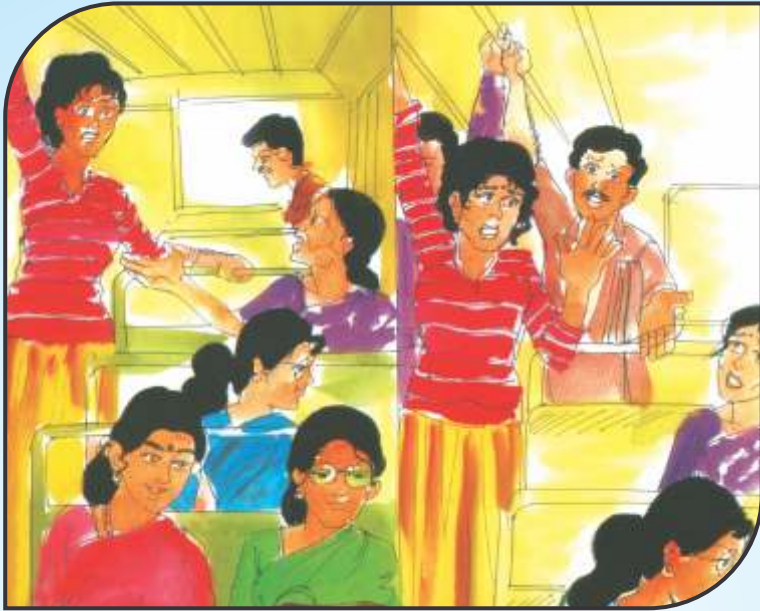
^l e> eavk xbx#ckbž*

i nfeuh ehuk i j Hkjk k j [kdj pyh xba

1- ehuk dk eg D; kadMnku cu x; k\

2- eg ds }kjk ; k& j kx] , p-, soh- ; k , ; M+ Qsyuk dk l lko gS
D; k]

3- vki d\$ sl kQ jgrsg&



er fNikvks

I - 75 cI [kkyh gksdsdkj .k tYnh I spy jgh FkhA

ehuk vk\$ y{eh nksuka t k jgh FkhA

^vjsy{eh] cBk\$ I hV [kkyh rksgSu\

^ugh pkfg, ehuk**

^D; kacBksu**

^[kMsgkdj ; k=k djuk Hkh I q[k dh ckr gA**

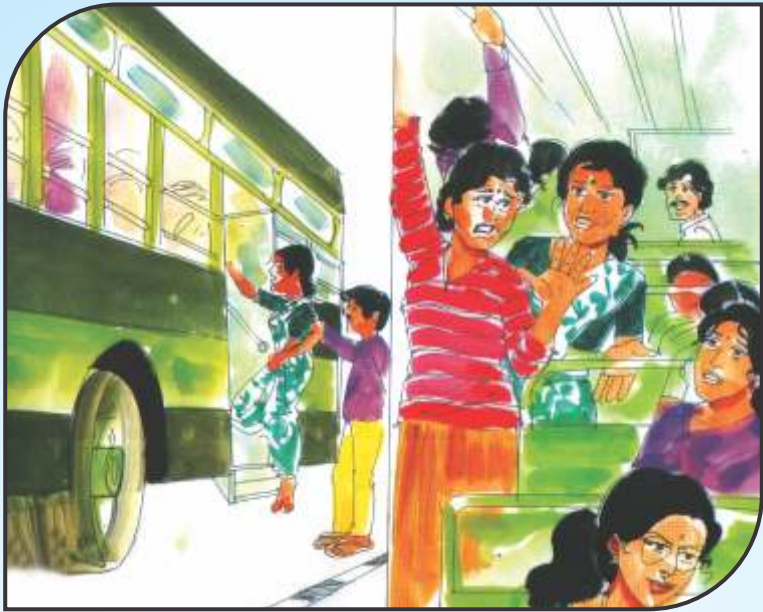
^D; ka i § nnz gks ds: i ea [kMsgkdj vk jgh gk cBksu** dMDVj
usdgkA

^cBksy{eh**

Ughapkg, A

^vj§ r p sD; k gvk**

- 1- y{eh D; kaughacBrh\
- 2- D; k vki dks, § svutko gvk\
- 3- vki y{eh dksl e> l drsg&



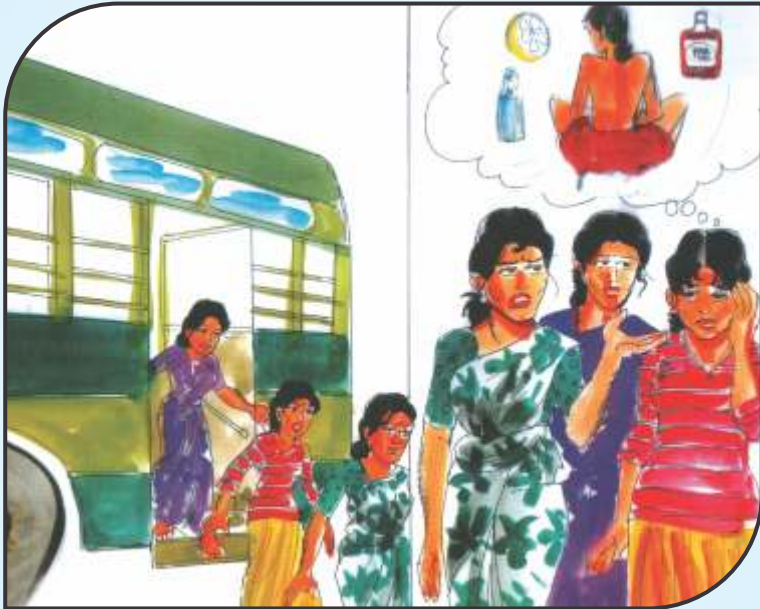
vxys cl LVki ea in feuh p<+xbA in feuh] ehuk vkj vl;
; kf=; kaushkh y{eh dksfcukusdk iz Ru fd; kj i j og ugh cBrh gA

vxysLVki earhukamrj xbA

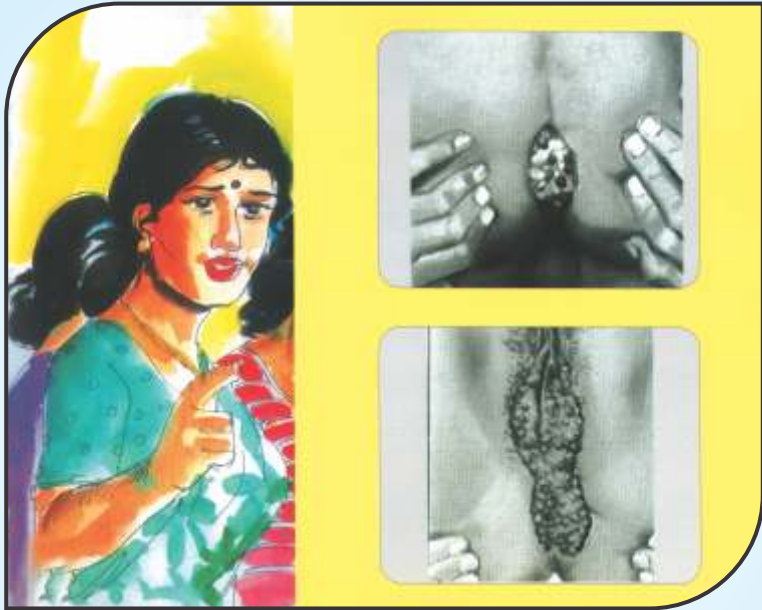
^y{eh D; kabrusgB dj jgh gk**

^x#ckbz] crkusdsfy, yTtk gksjgk gSD; kfid ejxqnsdsi kl ----
ij fuæj] l k&lk l cdk iz kx rksdj fn; kA**

^yTtk** i nfeuh l e> xbA



^D; k r f g k j s x q s d s i k l ? k k o g s **
 y { e h f l j > p d j e k u y h A
 f y a e a ? k k o] e # t y d k c h v k u k] v a e a ? k k o



^; s l c ; k s j k s d s f u " k k u g h g s b l f y , t Y n h l h l k D y h f u d
 t k ; a A ; g g e k j h r j g f g t M k e f g y k v k a d s f y , g h g a b / k j ; k s
 j k s d h b y k t n a s ; g h u g h a g e k j s i k V Z j d k s h k h b y k t n a s B h d g s
 t Y n h j o k u k g k s t k v k s g e n k s u k a t k , k k A

1- vki dks; k vki dsfj "rnkj kcdks; k& jks gSD; k\

2- ; k& jks dsfy, fucwvkj I k&Mk dk bLrky dj I drsg&D; k\

3- ; k& jks gksrksD; k dj uk pkg, A



I hl k Dyhfud ea ; ksu jks dsMkDVj dsI keusrhukacB jgh gA

^y{eh} ; ks jks I s i Hkkfor gksuokyka dks , ; -, soh dh I Hkkouk
vf/kd gA vc vki vks vki ds i kVuj nksukayxkrkj bykt yusl s
; ksu jks dksi ijh rjg uk" k dj I drsgA

MkDVk dh I ykg ij y{eh vks ml dk i kVuj nksukayxkrkj bykt
ysfy, gA

vHk iz'u iNstk jgsgA

1- ; fn ; k& j kx gksrkskFk l sfd; k x; k bykt] fl nAk oS]] nknh
oS] vkfn ysl drsg& ; k l hl k ds MkVj l s bykt ysk
pkfg, \

2- ; k& j kx l si kkkfor gksrksk gh bykt djuk dkQh gSD; k\

3- ; k& j kx dk i kko u i <usdsfy, D; k dju pkfg, A\

^y{eh] tc n e dke dfy, tk jgh gk rfgkjsi kVZj l s; g crkvks
fd t: j dkMj dk iz kx djuk pkfg, A**

vHkh y{eh dksl c l e> eavkxbZ] vHkh og vkRe j{kk djusyxA



u; k i s k

ehuk cgr [kqkh gks xba gkfk ea vf/kd #i , gsa xkuk xuxukrh FkhA

^D; k ehuk] vkt cgr mRl kg l snh[k i Mrh gks**

^gkllx#ckb] vkt eusvf/kd dek; k gsa**

^Bhd g\$ i j d\$ s**

^x#ckb] vkt , d i kVuzj \ ml us iNk fd dkMe dsfcuk dj\ /
i kl dj nWeusdkg fd ml dsfy, f=xqk #i , nsk gA ml useku
fy; k] cpkj k Hkyk vknehA

^fQj ml usD; k fd; k**

^D; k fd; k] dkMe dsfcuk dj\ / i kl dj fn; k vk\$ f=xqk #i ,
ndj pyk x; kA**

^codD+og ughag\$ ij rē gh gk\$ i q%rē vi useg dks dMnku
cuk fn; k D; k**

^D; kax#ckb] ep sMk\ j gh gA**



^dkMe ds fcuk eg ds }kjk dj\ ikl dj fn; k rks , p-, soh] , ; M† QSyusdk l Hko g\$ fdrusckj eusne] sdgk] ij rø D; ka ughal qrsngk\

^; g rksf l QZNk\h xyrh gSu] x#ckb**

^, d ckj dj fn; k ; k dbZckj] xyrh xyrh gh gSu] , p-, soh] , ; M† fdruk fo'kSyh jksx ekye gSD; k\ bl dh nokbz vHkh rd ugh g\$ i j , p-, soh] , ; M† l si Hkkfor gksul sjkd l drsg\$ og Hkh dkMe l sgh dj l drsg\

1-ehuk vf/kd : i , dek; h] ; g Bhd gS; k xyr\

2-, p-, soh] , ; M† d\$ sQSyrh g\

3-, p-, soh] , ; M† dh bykt gSD; k\

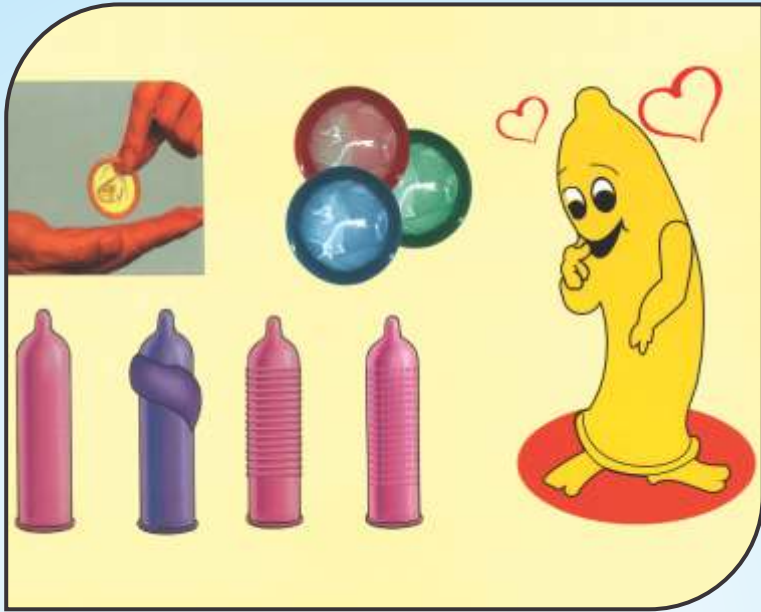


^Bhd gSx#ckb] , p-, soh] , ; M+ d\$ sQSyrh g\$ crk I drh g**
 , p-, soh] , ; M+ QSyusdk : i 5 fp=kads }kj k fn [kkbZnrh gA
 vI g f{kr fj"rk
 , p-, soh] , ; M+ I si Hkkfor gksuokykal s [kuu yusl s
 u"kk dh , d I bZdksdbzyks ckWusl s
 fcuk I kQ djusdh I bZvk\$ CyM
 , p-, soh] , ; M+ I si Hkkfor gksuokyh ekldsxHkZeagyk cPpk
 ^bu I c dkj .kkal sgh , p-, soh] , ; M+ QSyrh gA**

1- , p-, soh] , ; M4 jkd I drsg&D; k\

2- vki dk fj"rk I gj{kr gSD; k\

3- , p-, soh] , ; M4 dsckjseant jkadks tkx'r dj jgsgksD; k\



^i j , p-, soh] , ; M† QSyusl sjkd I drsgA**

^ds š*

^y; ku I sl qks*

, p-, soh] , ; M† QSyusl sjkdusdsfy, fp= fn [kkbznrsgA

- dkMe dh bLreky djust s
- vPNh rjg I kQ dh xbZl wZ; k , d ckj mi ; ksx djusdh I wZ
- , p-, soh] , ; M† I su i Hkkfor gksusokyk I sgh [ku ysk

- xHkZrh I scPpsdks, p-, soh] , ; M+ QSyusI sjkdusdsfy, , -
vkj-Vh- uked vka/h jv/ksof I dh bykt yuk pkfg, A

ehuk useku fy; k fd bu I cdk i kyu djusI s, p-, soh] , ; M+]
; ksu jksx dk Mj ugh gA

^ehuk] rē vHkh I h/ksfofl fm tkvkš “kk; n rē:s; ksu jksx] , p-, soh]
, ; M+ QSy x; k rks10 #i , dsfy, VtV djrsgA

^Mj yx jgk gSx#ckbZ*

D; kA ; fn rē pkgsrksVtV djxš , p-, soh] , ; M+ gS; k ugha [kqkh
vkš I gjf{kr thou dk jkLrk fn [kk, kA vPNh I ykg nxA

ehuk fofl Mh pyh xbA VtV fj tYV I e> xbZ vkš [kqkh I s
i nfeuh I sfey xbA

- 1- vki dksi S k dh t: jr gS; k j {kk} j {kk dsfy, D; k djxš
- 2- Vh-oh-] if=dk eadN udyh oS] rks, p-, soh] , ; M+ dsfy,
nokbZdsckjseafokki u nrsgš]D; k vki ml ij Hkjkd k djrs
gš\ D; kA
- 3- I gjf{kr : i I si S k] I gjf{kr : i I svf/kd i S k& bu nksukaea
I sD; k pkfg, \

^x#ckbz e8Hkh , d l r l sfeyus dsfy, tk jgh gml l s , d
ef=r jLi hckkk yllks, p-, soh] , ; M+ pyk tk, xkA

^fdrusckj fooj.k nusij Hkh re t\$ sylsx cny ugh gks tk, kka**
i nfeuh vi usfl j ij ekj jgh gA



efi=r jLI h

ehuk dsgkFk ea, d efi=r jLI h nh[k i Mrk g\$ ml sl cdk\$ [kqkh l s
fn[kk jgh FkhA

^ns[k, l c ykx] ; g , d efi=r jLI h g\$, p-, soh] , ; M+ dksjksd
l drk gA

^gs Hkxoku] fdrus ckj dgus ij Hkh ; g ugha l qrh g\$. i nfeuh
dkf/kr gksxbA

1- , p- , soh] , ; Mf efi=r jLI h bykt nsl drh gSD; k\

2-bl l si Hkkfor u gksusdsfy, geaD; k djuk pkfg, \

3-vki eal sdbZ, d ; ksu jks dsfy, efi=rjLI h ckWk yh D; k\

^; g efi=r jLI h yMfd; ka dk xHkZ dksHkh jksd l drsga* ehuk us dgkA

i nfeuh cgr dks/kr gksxbA

^#dksehuk] , d scMcM djuk jksdks* i nfeuh usfpYykbA

^D; ka x#ckbZ dks/kr gks jgh gfi ; fn l p ekye gks rks eqs cfn/k"kkyh crk, Wkha**ehuk cksyhA

D; k ; g cfn/k"kkyh dk dk; Z gS \ ijk ikxyiu gA i nfeuh fpYykbA

1- , d efi=r jLI h xHkZdksHkh jksd l drk gS

2- ehuk dh rjg , d yMdh vki l s Hkh crk fn; k rks vki D; k djks

3- b/kj i nfeuh dk dks/k Bhd gS; k ugha

ehuk nř[kr gksxb] vki kka l svki whkj xbA ml usvi uh jLI h dks
[kksydj fn[kkbZrksml dsvnj\

, d dkMe eaj [kk x; k gS

^ehuk] ; g D; k gS** i nfeuh vk"p; ZI si IN jgh gS

^gkx#ckb] l Hkh rksdkMe dksvi usFkSyh eaj [kax] ij ml sHkny
x; k rkS gksx; kA

^gklehuk**

^srksmueal scpf/k"kkyh ghu] bl fy, dkMe dksbl jLI h ds
chp eackkdj j [krh ghu **ehuk usl p dgkA

- 1- jLI h dsvnj dkMe j [kusdk mi k; ehuk vi usvki dj fn; k
; k fd l huscrk; k gksx\
- 2- vki ge'kk dkMe dh bLreky dj rsgD; k\
- 3- bu N%?kVukvkaevki dk eu i l an ?kVuk D; k gS vkSj fd l
i k= vki dksvPNk yxrk gS D; k\
- 4- bl l sD; k f"kk{kk feyrh gS
- 5- bl l s vki us tks l h[kk bl s vki ds fj"rnkj ka dks Hkh crk, kks
D; k\
- 6- l hl k Dyhfud eai kVZj dksHkh bykt nrsgD; k\

^D; k vHkh vki eku yrsgäfd eus tksfd; k og vPNk gh gS*ehuk
l; kj l si N jgh gA

^gk~~le~~jh cgu ehuk] brusfnukard xyfr; k~~ld~~h] i j vHkh , d vPNk
dk; Zdj fn; kA**i nfeyh ehuk dksvi uh Nkrh l syxk; kA

